

yuwell Anytime

ANYTIME 5 Series CGM

QUICK START GUIDE

yuwell Anytime

YUWELL MEDICAL

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f |  | in |  @ Yuwell Global

Manage your glucose Anytime, Anywhere!

ROOTED IN HEALTH DRIVEN BY TECHNOLOGY

www.yuwell.com

ANYTIME 5 Series CGM

QUICK START GUIDE



Up to 16 Days
of Wear



Overall MARD: 8.58%¹

1.Chang S, et al. Diabetes Technol Ther. 2026. doi:10.1177/15209156261416870



Calibration-Free



Real-Time Glucose Alerts-
including Prediction



Manage your glucose Anytime, Anywhere!

Step1

Apply Your Sensor

| Prepare

- Choose the back of your upper arm as the application site.
- Clean the application site with an alcohol wipe and allow it to air-dry completely.



| Apply

- Twist off the bottom cover in the direction of the arrow.
- Place the applicator firmly against your clean, dry skin. Press the colored ring until you hear a click.
- Gently lift the applicator away from your skin. The sensor is now applied.

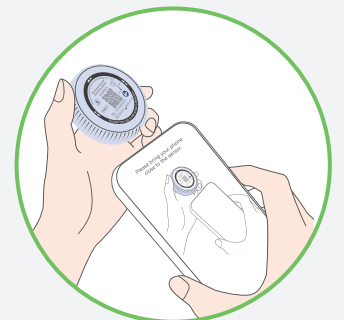


Step2

Start Your Anytime 5 Sensor

| Using the App

- Download the Yuwell Anytime App.
- Hold the top of your phone near the bottom cover until the initialization screen appears.
- If NFC pairing is not available, scan the QR code to start.



Scan to download
Yuwell Anytime-GL App

Step 3

Remove, Replace & Dispose of Your Sensor

Remove

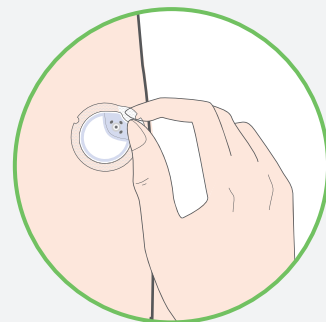
- The sensor is designed for up to 16 days of wear.
- The app will notify you when it's time to remove it.
- Gently peel the adhesive from your skin in one slow motion.

Replace

- Apply the new sensor to a different spot on the back of your arm.
- Switching arms with each new sensor can help avoid skin irritation.

Dispose

- Dispose of the used sensor according to local regulations.



EVERYDAY WEAR TIPS

Protect Your Sensor

Avoid catching your sensor on doorways, car doors, or seat belts. Once applied, avoid touching or pressing the sensor unnecessarily.

Wear Comfortable Clothing

Choose light weight, loose-fitting clothing to reduce pressure on the sensor and allow comfortable daily wear.

Water Exposure Guidelines

The sensor is water-resistant. Avoid submerging the sensor deeper than 1.5 meter for up to 1 hour at a time. Gently pat dry after water exposure.

Secure Your Sensor

For activities with increased contact or sweating, consider using an overpatch or additional skin adhesive to help keep the sensor securely attached.

UNDERSTAND YOUR GLUCOSE INFORMATION

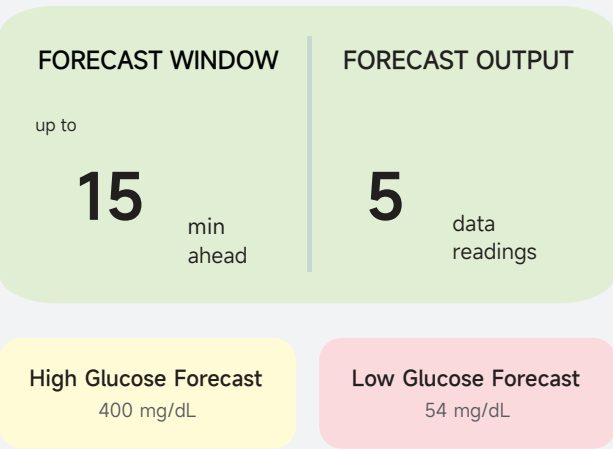
Trend Arrow Indications

-  **Glucose is rising quickly**
more than 2 mg/dL per minute
-  **Glucose is rising**
between 1 and 2 mg/dL per minute
-  **Glucose is changing slowly**
less than 1 mg/dL per minute
-  **Glucose is falling**
between 1 and 2 mg/dL per minute
-  **Glucose is falling quickly**
more than 2 mg/dL per minute
-  **Glucose is falling quickly and approaching the low threshold**
more than 2 mg/dL per minute

-  **Above Target Range:**
Glucose > 180 mg/dL (>10.0 mmol/L)
-  **Within Target Range:**
70–180 mg/dL (3.9–10.0 mmol/L)
-  **Below Target Range:**
<70 mg/dL (<3.9 mmol/L)

The glucose ranges shown above are the default settings.

Predictive Alerts: Trend Analysis & Forecasting



Current Glucose Reading

Updated every 3 minutes.

Trend Arrow

Shows the direction and speed of your glucose changes.

Glucose Graph

Displays your glucose history over the past 24 hours.

Target Glucose Range

Preset to 70–180 mg/dL (3.9–10.0 mmol/L) and can be personalized.

Sensor Life

Shows remaining days of sensor wear.

Optional Alerts

Set custom high and low glucose alert levels.

Add Events

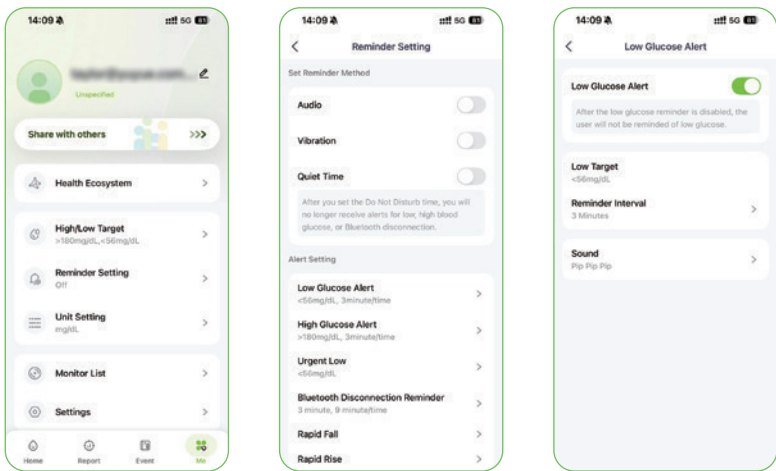
Meals, Exercise, Insulin, and other factors that impact your glucose.

CUSTOMIZE YOUR ALERTS

On the app, go to the **Menu (Me)** and tap **Reminder Setting**.

Select the alerts you want to turn on: **Low Glucose**, **High Glucose**, or **Bluetooth Disconnection**.

Adjust your **high- and low-glucose alert** thresholds in consultation with your healthcare professional.



ALERT TYPES

High Glucose Alert¹

Alerts you when glucose rises above the selected high-glucose threshold.²

Low Glucose Alert¹

Alerts you when glucose falls below the selected low-glucose threshold.²

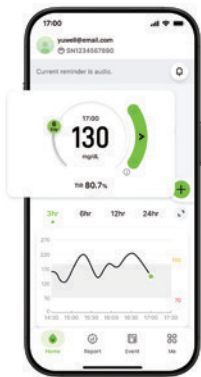
Bluetooth Disconnection Alert³

Alerts you if your phone loses connection with the sensor for over 3 minutes.

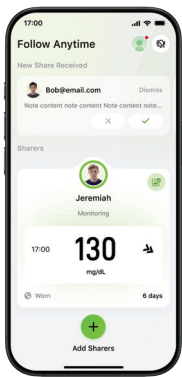
Note:

- Alert settings follow your phone's sound and vibration settings. Adjust them so you can hear the alerts.
- Alert thresholds adjust according to your High/Low target settings.
- Notifications will only be received when alarms are turned on and the sensor is within 6 meters (unobstructed) of the phone.

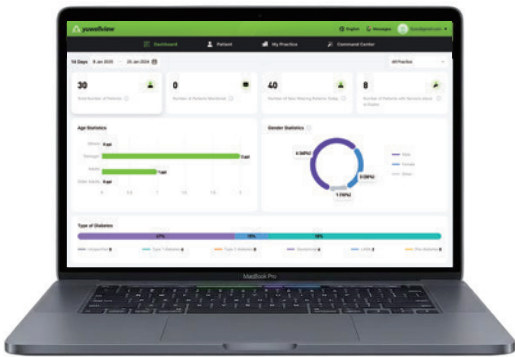
SHARE GLUCOSE DATA WITH LOVED ONES AND HEALTHCARE PROVIDERS



Yuwell Anytime APP



Follow Anytime APP



Anytime View for Healthcare Professionals

Follow Anytime App

- Parents and other caregivers can view their loved ones' glucose data in real time through the Follow Anytime app. They must first download the app and then accept your invitation.
- To share, open the Yuwell Anytime App, go to **Menu(Me) > Share with Others**, and tap **Add Follow** to add caregivers.

Anytime View

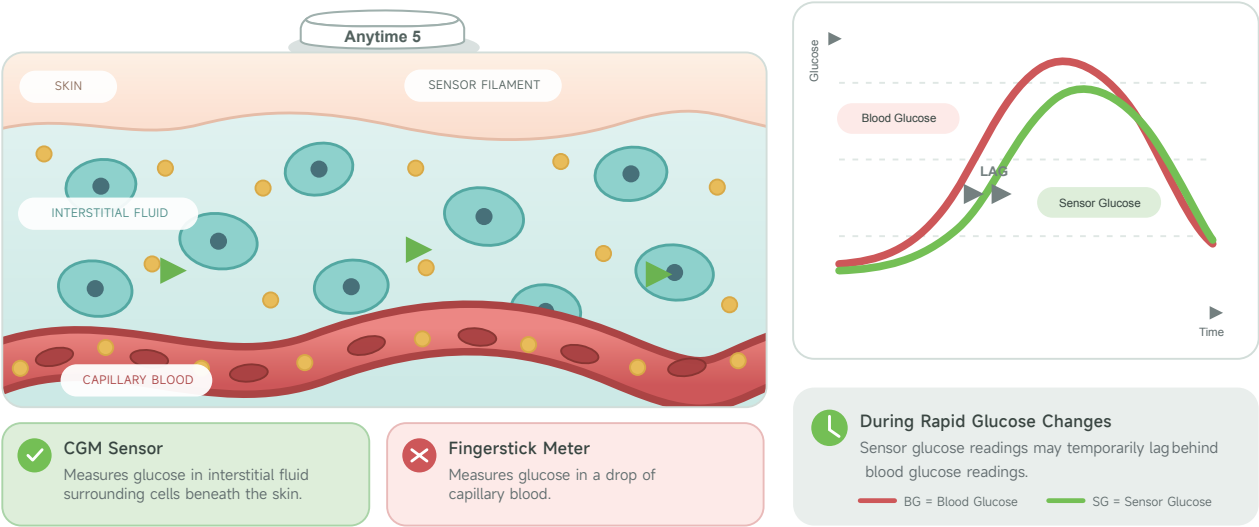
- Anytime View enables healthcare professionals to review shared CGM reports, statistics and data, supporting collaborative glucose management and informed clinical discussions.
- Your healthcare provider can send an invitation to the email address you used to register for the Yuwell Anytime App. Open the Yuwell Anytime app and accept the invitation to connect.

If your symptoms do not match the sensor glucose reading, check your blood glucose using a fingerstick meter and follow the advice of your healthcare professional.

This User Guide does not replace the full Instructions for Use. Read the Instructions for Use before using the system.

WHY CGM AND FINGERSTICK READINGS MAY DIFFER

CGM measures glucose in **interstitial fluid**, while a fingerstick meter measures **glucose in capillary blood**. Because glucose reaches the bloodstream before diffusing into interstitial fluid, CGM readings may lag behind fingerstick blood glucose readings during rapid glucose changes.



CGM readings may be affected by the following factors:

- Severe dehydration or excessive water loss
- Subcutaneous edema
- Taking certain medications, such as high doses of ascorbic acid
- Sensor exposure to high temperatures (above 40 °C), such as during bathing or sauna sessions
- Sensor exposure to low temperatures (below 5 °C)
- Sensor displacement or loosening
- Sensor implantation in muscle tissue, where interstitial fluid content is low

During the first 1-2 days sensor wear, tissue response at the insertion site may affect sensor glucose readings.