

**yuwell** Anytime

# ANYTIME 4 CGM SYSTEM

## QUICK START GUIDE

**yuwell** Anytime

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# ANYTIME 4 CGM SYSTEM

## QUICK START GUIDE



15 days of wear



between readings



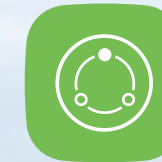
reusable transmitter



Factory calibration  
Optional user calibration



Customizable alerts



Connected care



Manage your glucose Anytime, Anywhere!

## STEP 1

# Apply your sensor

Prepare the app and transmitter, then choose a site and apply the sensor.

### 1 Prepare

Turn on Bluetooth. Download the Yuwell Anytime App, then log in or create an account.



Place the transmitter in the charging base. It takes approximately 1 hour to fully charge. A flashing white light indicates charging, while a blue light indicates a full charge. Remove the transmitter when fully charged.



### 4 Choose the Application Site

Choose the back of your upper arm or your abdomen. Avoid scars, irritated or infected skin, muscular or bony areas, and sites where clothing or pressure may disturb the sensor. Clean the skin with an alcohol wipe and let it air-dry.

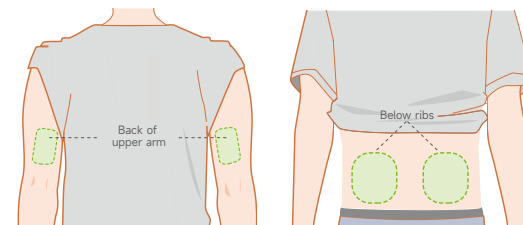
### 2 Connect and scan

On the Transmitter Connection screen, select your transmitter's serial number.



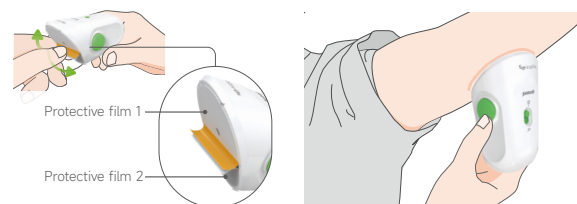
### 3 About the Warm-up Period

Readings appear after the sensor has been applied, the transmitter has been attached, and the 1-hour warm-up is complete.



### 5 Position the applicator

Before opening, check that the sensor package is intact and has not passed its expiration date. Peel off both protective films. Keep the safety lock locked and press the applicator firmly against the prepared skin.



### 6 Apply and lift away

Unlock the safety lock. Press both side buttons together until you hear a click. Gently lift the applicator away; your sensor is now in place.



## STEP 2

# Start your Anytime 4 sensor

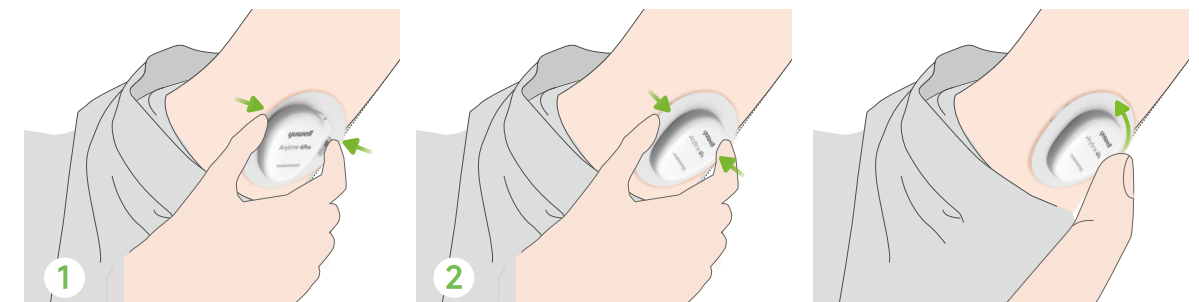
Attach the fully charged transmitter and allow warm-up to finish.

### ATTACH AT AN ANGLE

Insert the transmitter into the sensor base at an angle, as shown.



Press together until you hear a click.



Gently rotate the transmitter in the opposite direction, as shown, to check that it is locked in place.

**1 hour**  
WARM-UP

Readings appear after the sensor has been applied, the transmitter has been attached, and the 1-hour warm-up is complete.

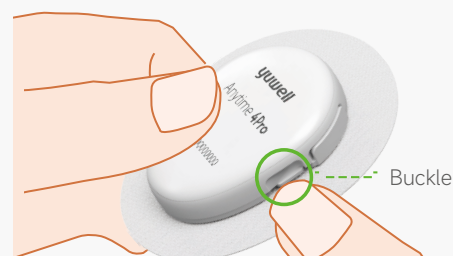
## STEP 3

# Sensor removal, replacement and disposal

Keep the reusable transmitter for your next sensor.

### 1 Remove gently

When monitoring ends, gently remove the adhesive patch, sensor and transmitter together from your skin. Press the buckle and slide the transmitter out of the sensor base.



### 2 Recharge and replace

Place the transmitter in its charging base promptly and recharge it fully before reuse. Apply a new sensor at a different site and follow Steps 1 and 2 again.



### 3 Dispose of the used sensor

Dispose of the used sensor as medical waste according to local regulations.

Keep the reusable transmitter. Do not throw it away with the sensor.

## EVERYDAY USE ►

## EVERYDAY WEAR TIPS

Simple habits to help protect your sensor and keep it comfortable.

### Protect Your Sensor

Avoid catching your sensor on doorways, car doors or seat belts. After applying the sensor, avoid touching or pressing it unnecessarily.

### Wear Comfortable Clothing

Choose lightweight, loose-fitting clothing to reduce pressure on the sensor and allow comfortable daily wear.

### Follow water-exposure limits

The sensor and transmitter are water-resistant when assembled. Do not submerge them deeper than 1.5 meters or for longer than 1 hour at a time. Gently pat dry after water exposure.

### Keep your sensor secure

For activities with increased contact or sweating, consider an overpatch or additional skin adhesive to help keep the sensor securely attached.

**Wear with care. Follow the full Instructions for Use.**

YOUR GLUCOSE INFORMATION ►

UNDERSTAND YOUR READINGS

Read the value, the trend and the history together.



Trend Arrow Indications

|                                                                                                                           |                                                                                                                            |                                                                                                                                          |
|---------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------|
|  <b>Rising quickly</b><br>>2 mg/dL/min |  <b>Rising</b><br>1-2 mg/dL/min         |  <b>Changing slowly</b><br><1 mg/dL/min              |
|  <b>Falling</b><br>1-2 mg/dL/min       |  <b>Falling quickly</b><br>>2 mg/dL/min |  <b>Falling quickly</b><br>Approaching low threshold |

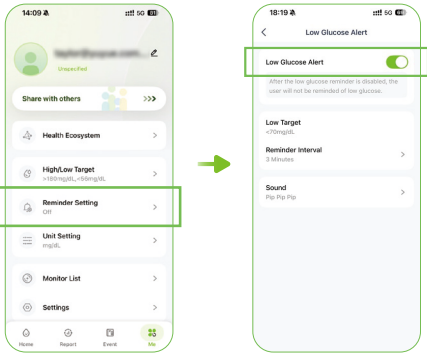
|                                                           |                                                               |                                                             |
|-----------------------------------------------------------|---------------------------------------------------------------|-------------------------------------------------------------|
| <b>Below range</b><br><b>&lt;70 mg/dL</b><br>< 3.9 mmol/L | <b>Within range</b><br><b>70-180 mg/dL</b><br>3.9-10.0 mmol/L | <b>Above range</b><br><b>&gt;180 mg/dL</b><br>> 10.0 mmol/L |
|-----------------------------------------------------------|---------------------------------------------------------------|-------------------------------------------------------------|

The ranges shown are the app defaults and can be personalized.

STAY INFORMED ►

CUSTOMIZE YOUR ALERTS

Choose your settings and keep your phone connected.



01. Set up your alerts

Me > Reminder Setting

Enable Low Glucose, High Glucose, and Bluetooth Disconnection alerts as appropriate. Set your high and low alert thresholds with your healthcare professional, and check the values shown in the app.

02. Glucose alerts

|                                                                                      |                                                                                                   |                                                                                      |                                                                                                 |
|--------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------|
|  | <b>High Glucose Alert</b><br>Alerts when sensor glucose rises above your selected high threshold. |  | <b>Low Glucose Alert</b><br>Alerts when sensor glucose falls below your selected low threshold. |
|--------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------|

03. Predictive glucose alerts

Predictive alerts notify you when sensor glucose is expected to reach a selected predictive high or low threshold within the next 21 minutes. Check the predictive alert settings separately from your current high and low glucose alert settings.

|                                                                                   |                                                                              |
|-----------------------------------------------------------------------------------|------------------------------------------------------------------------------|
| <b>HIGH THRESHOLD OPTIONS</b><br><b>300 or 400 mg/dL</b><br>(16.7 or 22.2 mmol/L) | <b>LOW THRESHOLD OPTIONS</b><br><b>54 or 70 mg/dL</b><br>(3.0 or 3.9 mmol/L) |
|-----------------------------------------------------------------------------------|------------------------------------------------------------------------------|

**Help alerts reach you**

Keep your phone within 6 meters of the transmitter and avoid obstructions. Keep Bluetooth on and allow the app to run in the background. Check notification permissions, sound, and vibration settings. Alerts may not be received if the connection is lost.

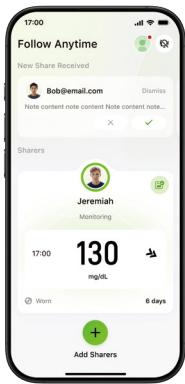
CONNECTED CARE ►

SHARE YOUR GLUCOSE DATA

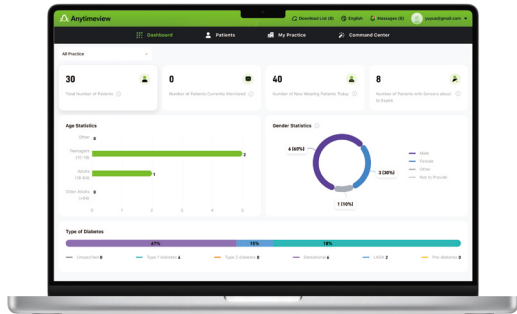
Connect with loved ones and your healthcare team.



Yuwell Anytime APP  
For CGM Users



Follow Anytime APP  
For Family Members & Caregivers



Anytime View Platform  
For Healthcare Professionals

Follow Anytime App

- Family members and caregivers can view shared glucose data through the Follow Anytime App. They should download the app first and then accept your invitation.
- To share, open the Yuwell Anytime App, go to **Menu (Me) > Share with Others**, and tap **Add Follow** to add caregivers.

Anytime View Platform

- Anytime View enables healthcare professionals to review shared CGM reports, statistics, and data to support discussions about glucose management.
- Your healthcare provider can invite Yuwell Anytime users who registered with an email address. Open the app and accept the invitation to connect.

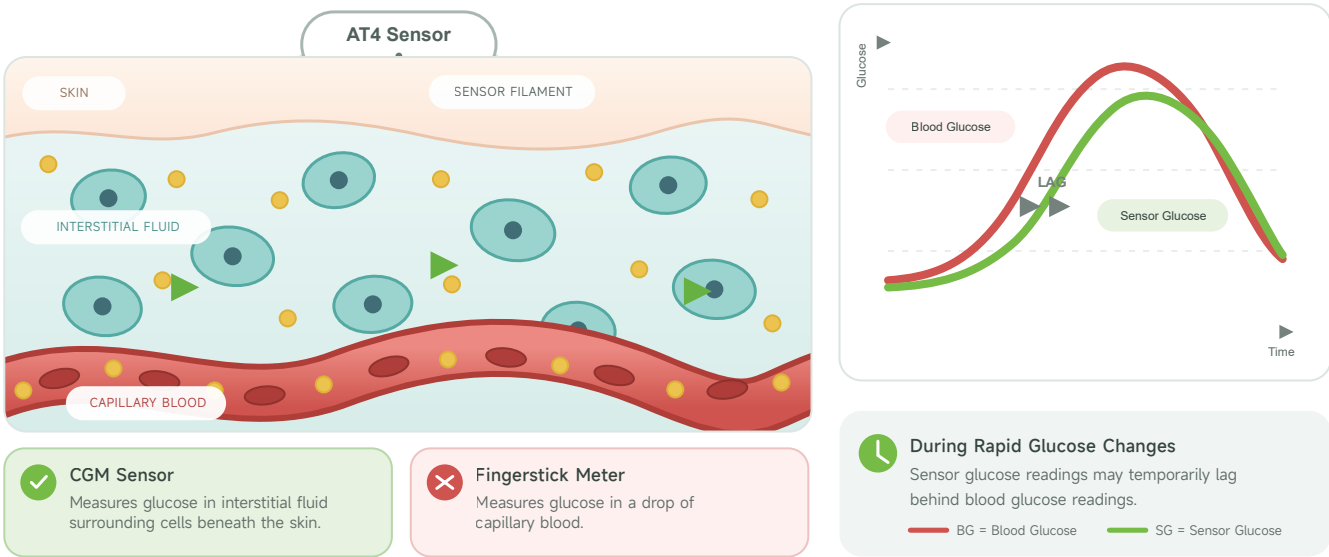
If your symptoms do not match the sensor glucose reading

Check your blood glucose using a fingerstick meter and follow your healthcare professional's advice.

UNDERSTANDING CGM ►

WHY READINGS MAY DIFFER

CGM estimates glucose levels in interstitial fluid, while a fingerstick meter measures glucose in capillary blood. Blood glucose changes take time to appear in interstitial fluid, so sensor readings may lag behind blood glucose during rapid changes.



Factors that may affect sensor readings

- 1 Hydration and tissue**

Severe dehydration, excessive water loss or subcutaneous edema.
- 2 Medicines**

Certain medicines, such as high doses of ascorbic acid (vitamin C).
- 3 Temperature**

Exposure above 40°C or below 5°C, including hot bathing or sauna sessions.
- 4 Sensor placement**

A loose or displaced sensor, or insertion into muscle tissue.

During the first 1-2 days of wear, tissue response at the insertion site may affect sensor glucose readings.

This guide does not replace the full Instructions for Use. Read them before using the system.